

SPIRITUAL HEALTH ASSESSMENT

Do you want to find out how your life measures up to the five purposes of The North Pointe Church? Take this simple test.

1= not at all 2=rarely 3=sometimes 4=often 5= most of the time

*Adapted from the Purpose Driven Church

CONNECT: You were formed for God's family

I am developing authentic community within my church family

I am more loving, grace giving and forgiving to others than I was a year ago

I am intentionally cultivating my relationships with Christian friends and spiritual mentors

I am regularly connecting with my immediate family relationships (parent, siblings, kids and spouse)

I am resolving conflict with others in a Biblical manner and supporting the leadership of my church family

Sub Total _____

GROW: You were created to become like Christ

I have a growing relationship with God through regular quiet time in His Word and prayer

I respond to challenges with peace and faith rather than anxiety and fear

I avoid using addictive behaviors (food, television, busyness, etc.) to meet my needs

I have a relationship with someone that encourages spiritual health & personal growth (spiritual partner)

I am honoring God with my finances (budget) and my personal giving to His work (tithing)

Growth SubTotal _____

SERVE: You were shaped for serving God

I am expressing my unique God-given design as a way of life (home, work, and community)

I am open and praying to be used by God and express my unique S.H.A.P.E. for ministry

I am serving in a regular (once a month or better) ministry in the church.

I am discovering new ways to cultivate and develop my unique SHAPE for ministry

Serve Sub Total _____

SHARE: You were made for a mission

I am actively praying for and cultivating relationships with un-churched friends and family

I am inviting seekers (un-churched people) to church and sharing my spiritual story with them

I am seeking to connect un-churched people into our group or in the lives of our group members

I am praying and considering where God can use me cross-culturally in the future

I am regularly investing in the spiritual life of another person or group (spiritual reproduction)

Share Sub Total _____

TALLY YOUR RESULTS

JUST BEGINNING 0-5

FAIR 5-10

GETTING GOING 10-15

VERY GOOD 15-20

WELL DEVELOPED 20-25